

Sustainability

Certificates

LEED

(Leadership in Energy and Environmental Design)

What is it?

- LEED is a certification system that is internationally recognised, where specialists assess residential and commercial buildings around the world providing verification and certification to those who are sustainable: Water, carbon and energy efficient and improved environmental qualities. As there are many levels of sustainability/achievements, there are different certificates that are appointed regarding the points given:



Why is it important?

- The LEED certification system motivates buildings to become sustainable with the use of certifications as a method of offering rewards. Therefore, this is helping the sustainable movement expand and its word to be spread even more.

Where to find more info?

At their (LEED) website: <http://leed.usgbc.org>

WELL-health and safety SEAL

What is it?

- The WELL health safety Seal is a seal given to buildings that follow the International WELL Building Institute's (IWBI) inspirational requirements. The seal prioritises individual's well-being and their health, while also helping the environment. IWBI makes sure to commemorate and make apparent those who do the same by giving them the Seal to place outside buildings. The institute uses the help of a third-party to verify and assess the many buildings joining the movement; and when verified, the establishment receives a SEAL to visually display their accomplishments.

Why is it important?

- IWBI has a campaign that says "look for the seal." By visually displaying the seal outside of buildings, we, civilians, can instantly know when an establishment is certified. Having the seal, people will know they prioritise society's well-being, comfort and health, making them feel more secure going inside. Also, the IWBI has very famous ambassadors to help spread the message and make people more aware of the movement, like Lady Gaga, Michael B Jordan, and more.

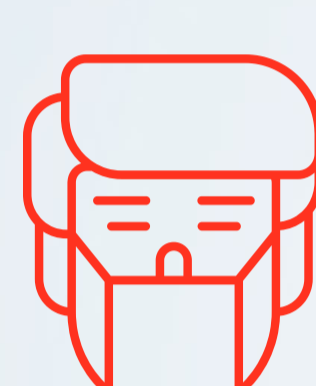
Where to find more info?

At their Well Health and Safety website: <https://wellhealthandsafety.com> (writer super recommends it!!)

Their campaign video: <https://youtu.be/TDg-kKJXQKI>

5 easy sustainability tips

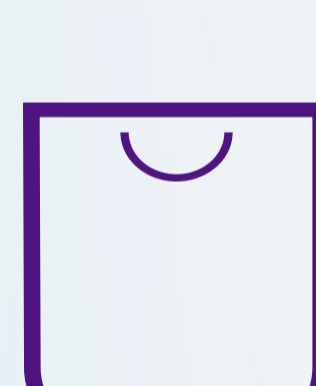
URGENT



Avoid the use of disposable masks. If, for some reason, you are not able to avoid it, make sure you **cut off the mask's straps** before disposing of them. Animals - especially marine animals - are mistaking the disposable masks and gloves for nourishment: majority of them end up choking or getting entangled in the straps and the toxic chemicals they release. *More info in the next page.*



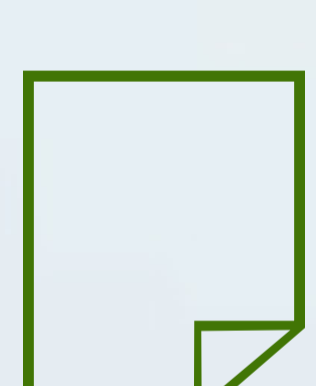
Please **do not throw away** your plastic water bottle caps. Instead, give them to Nina Pastore, a member of the Patinhas Parceiras enrichment: they are collecting them for a project. *More info in the next page.*



Try to decrease or eradicate your *unnecessary* plastic bag usage. For example, **STOP** your use, and your household's use, of supermarket plastic bags. Make sure to always take reusable bags with you to avoid this silly way of polluting and generating more waste.

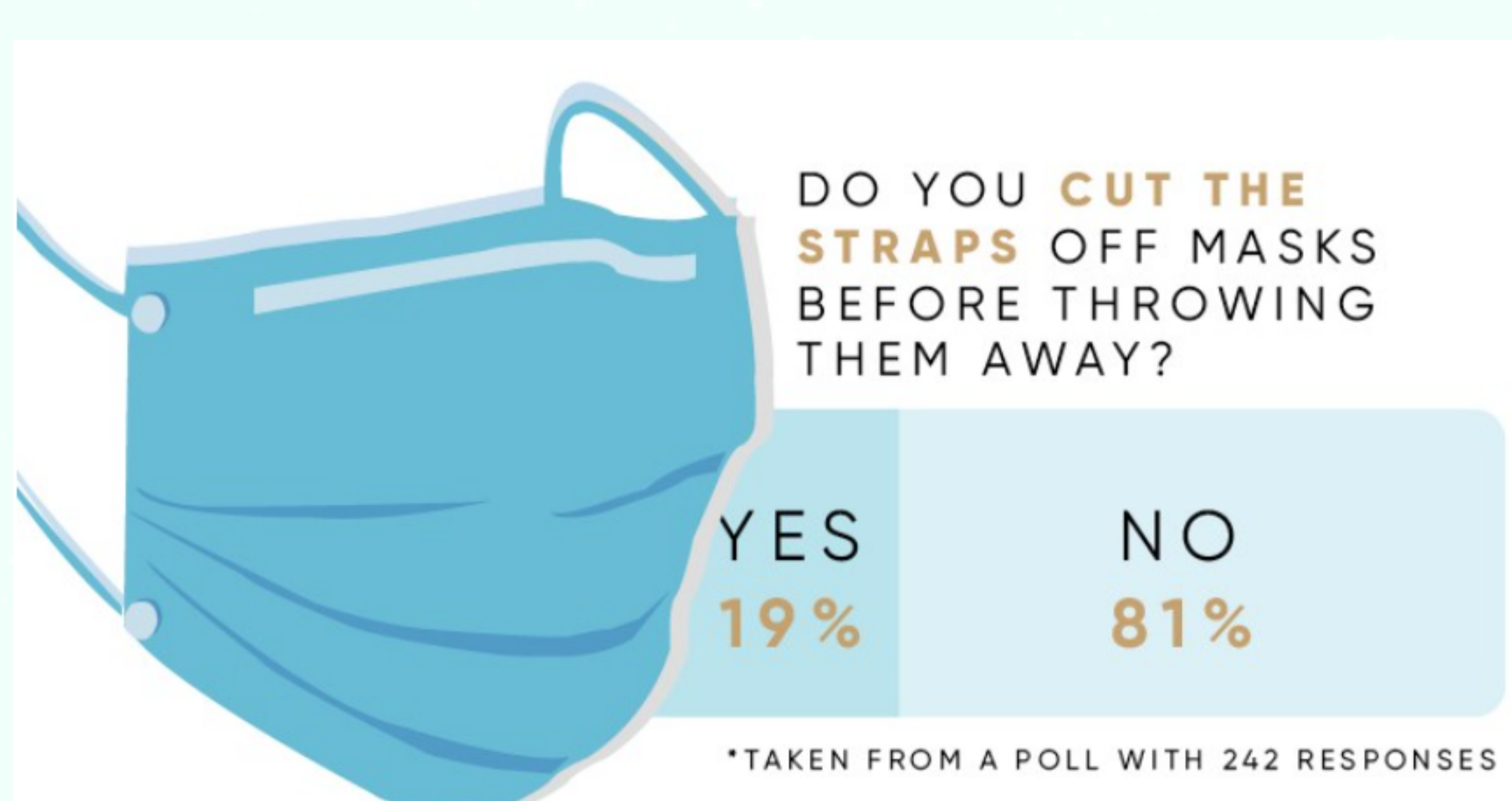


Reduce how frequently you wash your clothes. Think if it is necessary to wash it that day. This is because a large amount of water is used per load: around 20 gallons of water per wash.



If you have not done that already, make sure the paper at your house is **recycled** and avoid the use of white paper at all costs. Buying recycled paper will help reduce waste productions, which has a great impact on decreasing methane emissions from landfill sites.

Extra info.



Snipit on article - Cut the Straps: Protect wildlife and cut the loops on the side of face masks before disposal

"Reusable masks are a safer alternative than single-use masks for reducing the pandemic's environmental footprint. But cutting the ear straps on surgical masks before throwing them away can prevent wildlife from getting tangled in them if the masks end up in the environment. If the straps aren't snipped, the loops can easily catch onto an animal's legs or wings..."

<https://smeharbinger.net/cut-the-straps-protect-wildlife-and-cut-the-loops-on-the-side-of-face-masks-before-disposal/>

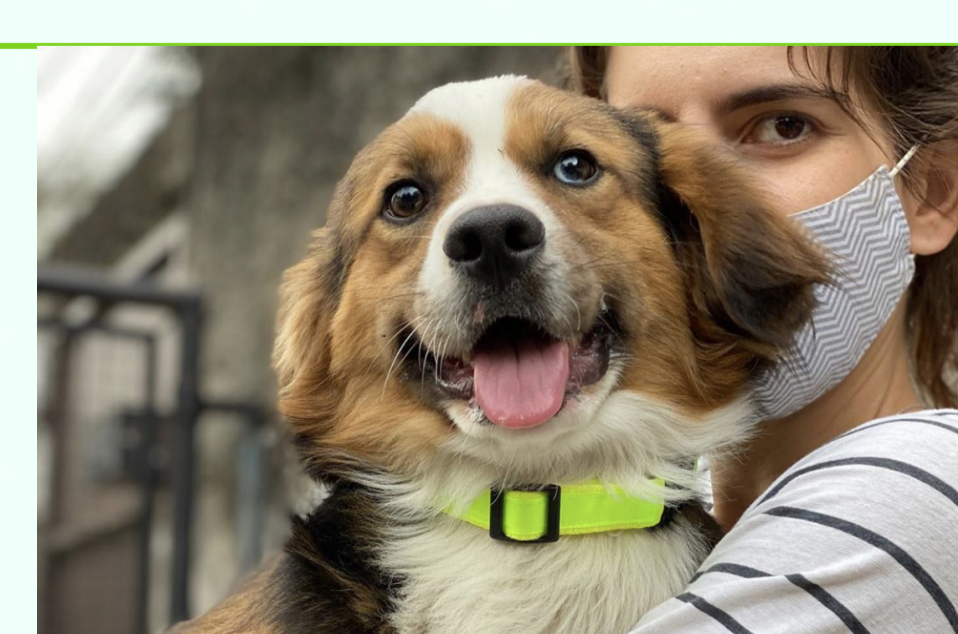


Patinhas Parceiras

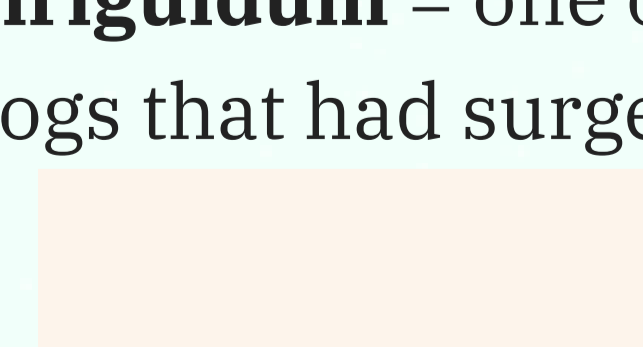
Patinhas Parceiras is an enrichment at school that focuses on using different approaches to help animal shelters. Last year, Teresa Perez and Nina Pastore assisted 'Kahdota' (@Kahdota in instagram) to help raise funds to pay for their expenses. With the money raised, they helped rescue a dog called Chicago, and funded the surgery for 5 other dogs.

Now, they are assisting a woman, called Aline Oliveira, to collect plastic bottle caps to then sell them to recycling companies. This money will be later used to help out another shelter that was not yet decided.

Let's help them by collecting bottle caps and giving them to Nina Pastore. You can either send her an email (np1@stpauls.br) or approach her at school, she is a Lower 6 student.



Ziriguidum = one of the dogs that had surgery.



Follow @patinhasparceiras for more

This is the seal you can find displayed in WELL certified buildings ----->

